



# Distinguished Member Plan

A Promise-to-Myself to Advance My Professional and Personal Development

*This Distinguished Member Plan is designed to strengthen my abilities in communication, collaboration, and leadership.*

During this Toastmaster Year ending June 30<sup>th</sup>,

I will earn one Communication and one Leadership Award.

This, Promise-to-Myself, will allow me to develop in the areas of:

- Communication
- Listening
- Critical Thinking
- Giving Feedback
- Time Management
- Planning and Implementation
- Organization and Delegation
- Facilitation
- Motivation
- Mentoring

## I commit to earning an award from each track

(Circle an Award from each Track)

### Communication Track

CC   ACB   ACS   ACG

### Leadership Track

CL   ALB   ALS   DTM

I commit to earning the above Communication and Leadership Awards to become a Distinguished Member by June 30, 20\_\_\_\_.

Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Share this commitment with your club's Vice President of Education to assist you in being scheduled for speeches and leadership roles that contribute to your Distinguished Member Plan.



**WHERE LEADERS  
ARE MADE**

Name: \_\_\_\_\_

Mentor: \_\_\_\_\_

**Distinguished Member Plan**

Meeting/Date	Role	Project	Signature
	Ah Counter	CL Project 1: Listening	
	Grammarians	CL Project 2: Critical Thinking	
	Speech 1 - Ice Breaker	CC Project 1	
	Timer	CL Project 4: Time Management	
	General Evaluator	CL Project 3: Giving Feedback	
	Table Topics Master	CL Project 4: Time Management	
	Speech 2 - Organize	CC Project 2	
	Grammarians	CL Project 1: Listening	
	<b>25% Done!!</b>	<b>Celebrate</b>	
	Speech Evaluator	CL Project 1: Listening	
	Toastmaster	CL Project 7: Facilitation	
	Speech 3 - Get to the Point	CC Project 3	
	Speaker	CL Project 5: Planning & Implementation	
	General Evaluator	CL Project 2: Critical Thinking	
	Speech 4 - How to Say it	CC Project 4	
	Grammarians	CL Project 3: Giving Feedback	
	Speech Evaluator	CL Project 3: Giving Feedback	
	Speech 5 - Your Body Speaks	CC Project 5	
	<b>50% Done!!</b>	<b>Celebrate</b>	
	Table Topics Master	CL Project 5: Planning & Implementation	
	Toastmaster	CL Project 5: Planning & Implementation	
	Speech 6 - Vocal Variety	CC Project 6	
	Organize club event/newsletter/website	CL Project 6: Organization & Delegation	
	General Evaluator	CL Project 7: Facilitation	
	Speech 7 - Research Your Topic	CC Project 7	
	Speech Evaluator	CL Project 8: Motivation	
	<b>75% Done!!</b>	<b>Celebrate</b>	
	Toastmaster	CL Project 8: Motivation	
	Speech 8 - Visual Aids	CC Project 8	
	PR Membership Campaign, or Contest Chair	CL Project 8: Motivation	
	Mentor a new member	CL Project 9: Mentoring	
	Speech 9 - Persuade with Power	CC Project 9	
	Any club chair	CL Project 10: Team Building	
	Speech 10 - Inspire Your Audience	CC Project 10	
	<b>100% Done!!</b>	<b>Celebrate</b>	